

SPRING 2019

# SPOTLIGHT EAST

Newsletter for Members of The East of England Area of NAFAS

In our Autumn 2018 Newsletter (published on 1st December) we were looking forward to Christmas and the New Year 2019. We are now preparing for Easter.

We are always happy to publish any special events or happenings in our East of England Area. The club news is added to the newsletter and shared with others. We have thousands of viewings on the Area website [www.nafas-east.com](http://www.nafas-east.com) so why not advertise your events to others?

Please send to [media.nafaseast@gmail.com](mailto:media.nafaseast@gmail.com) or post to media team (See Area Address book)

For many years **Framlingham Flower Club** (East Suffolk Group) organised a fundraising Christmas Fayre at the beginning of December to sell wreaths, arrangements & craft work in a church hall. But now the club takes part in the opening of the Christmas Tree Festival at St. Michael's Church, Framlingham, which is held on the first Saturday in December to celebrate the beginning of Advent. It is a real community event, for which all the local organisations, clubs & many businesses decorate Christmas trees which remain in the church for the whole of Advent. This year's theme was "Christmas Wonderland". We used silver sprayed teasels & allium heads as tree decorations, rather than using fairy lights. Several organisations, flower club included, have fundraising stalls at the opening event. Choirs sing festive music and refreshments are provided by the Girl Guides. We've found it gives us the opportunity to reach a wider public and the arrangements look much better displayed in the beautiful church.



## Cambridge Group - NafasEast

2 December 2018 ·

A lovely Christmas workshop held yesterday by Herts & Essex Boundary Flower Club led by Beverly Moore and Sally Cantes. The ladies created two covered spheres and a door wreath. Everyone took home a delightful arrangement to grace their homes this Christmas. Well done ladies. 🧑🏻🎅



NEW CREATIONS. ( A CONTEMPORARY FLOWER CLUB)

‘Christmas is Here Again’ was the title of Anne Bell’s workshop held on 21st November and we all enjoyed doing a stunning Contemporary Table Centre.

Our next workshop is with Richard Haslem who is coming to us from Ireland. This will be held on Wednesday 6th March 2019 at Woolpit Village Hall IP30 9QX starting at 10.30am, cost £30. The title of Richard’s workshop is ‘Spheres, Forms & Foliage’. To book a place and for a list of requirements or for membership at £10 or for any other enquiries please contact

Dorothy Lay. Telephone: 01473 830906 or email: [dorothy@oldrectoryclose.plus.com](mailto:dorothy@oldrectoryclose.plus.com)



**EAST OF ENGLAND AREA OF NAFAS**

**SPRING AREA DAY**

NEEDHAM MARKET COMMUNITY CENTRE, 23 SCHOOL STREET, NEEDHAM MARKET,  
SUFFOLK. IP6 8BB

**SATURDAY 13<sup>TH</sup> APRIL 2019**

**LUCY ELLIS**

NATIONAL DEMONSTRATOR PRESENTS

**‘WONDERLAND’**

**SUSAN SHAW**

NATIONAL SPEAKER WILL TELL YOU

**‘JUNGLE TAILS’**

**DOORS OPEN 10.00 FOR 11.00**

**STALLS & RAFFLE**

.....  
Tickets £25.00 to include tea, coffee & a 2 course lunch. Please apply using the tear off strip.

Club..... No of tickets.....

Return together with the attached lunch menu with the name, and choice of lunch for each applicant.

Send a cheque made payable to the East of England Area of NAFAS, together with a stamped, addressed envelope to Mrs Anne Bell, 8 Goodwin Close, Little Canfield, Dunmow. CM6 1SQ.

Applications can be made immediately with envelopes being opened on the 1st March 2019. PLEASE NOTE THAT TELEPHONE APPLICATIONS WILL NOT BE ACCEPTED. If there is a query please email to [annebell21@btinternet.com](mailto:annebell21@btinternet.com)

**SPRING AREA DAY**

## STOWMARKET FLOWER CLUB. JANUARY 2019

Photos attached from Stowmarket & District Flower Club at their January workshop with soup rolls and cake. Led by Vicki Hease, arranging foam free and recycling.

32 members took part taking home their foam free containers filled with glorious Tulips.



**FOAM FREE CONTAINER  
WITH TULIPS WAS PRODUCED AT  
THE JANUARY WORKSHOP**



## EDUCATION NAFAS EAST

Did you know that Area run workshops and classes at MILDENHALL?

1) Currently we are running a course for learners to obtain a qualification for TEACHING. Course is fully booked.

2) We hold monthly workshops which are varied. Why not join us?

SATURDAYS - March 2nd Corsages, May 25th - Foam Free Dining, June 22nd, July 27th, August 10th - Adults and Children, October 19th, November 23rd,  
More details available on the website. [www.nafas-east.com](http://www.nafas-east.com)

3) Starting in August we are offering a Level 1 course for beginners and improvers. Five consecutive Saturdays and the cost is just £95. This can lead to continuing with further levels and gives you a NAFAS/OCN certificate in Floral Art and Design. The course covers all aspects of Flower Arranging and Design with Floristry Unit included.

This is a stepping stone offering many opportunities to becoming a Demonstrator, Teacher, Judge, Florist, Speaker. or Competitor.

Please contact us if you, or anyone that you know, is interested.

Email: [education.nafaseast@gmail.com](mailto:education.nafaseast@gmail.com)

Have you ever thought that you would like to do flower arranging but feel that you would be out of your depth? Now is the time to have a go, we lead you in small steps and give you all the help that you need.

STEP-BY-STEP

JOIN US NOW



There are numerous clubs and individuals teaching classes around our East of England Area. Contact us if you are interested in joining a club or setting up classes and workshops.



IF YOU NEED HELP OR INFORMATION ABOUT FLOWER ARRANGING THEN CONTACT US, WE ARE HERE TO HELP YOU.



**FLOWERS AT WESTMINSTER ABBEY BY GLORIA GOODLEY AND SUE BLOOMFIELD (NORWICH GROUP)**



**SPRING DESIGN BY LINDI CARRINGTON**



At the JDS&E Area Education Monthly Workshop in January 2019 our tutor, RUTH PRIOR demonstrated various techniques for the weaving of phormium leaves. In this photograph Ruth skilfully illustrates how one single woven phormium leaf can replace a large piece of floral foam.

Other techniques are illustrated on the nafas-east.com website under the Education page.

Little Hallingbury Flower Club

**CLUB COMPETITION**

'February Sunshine' was the title of our club competition and it was lovely to see so many different interpretations displayed in the beautifully staged, vibrant arrangements. Congratulations to all who entered the competition, its added interest and colour really lifted the spirits.





**DEMONSTRATION AT BRECKLAND FLOWER CLUB BY VICKI HEASE**



**Mildenhall and District Flower Club**  
20th February 2019

Another fabulous fun evening at **Mildenhall Flower Club**  
Our own members demonstrating with the Musicals theme  
We had Phantom of the Opera, Singing in the rain, Kinky Boots, Frozen, Lion King, Strictly Ballroom and The sound of music. It was a first time demonstrating for two of our members. As we all know it isn't easy standing in front of a big audience, so well done to





The **Colchester Group of Flower Clubs** (East of England Area of NAFAS) were delighted to be invited to take part in the RHS Hyde Hall Spring Flower Show on Saturday and Sunday 9th/10th February 2019. This was a new event as normally there is only a summer show.

Mrs Diane Leggett, Colchester Group Vice Chairman had contacted Hyde Hall initially to ask if the Colchester Group could be involved with the summer show and the immediate response was that they would like her to do some arrangements for the Spring Show and were very happy for NAFAS to be promoted. They kindly offered to meet the costs of the flowers.

Diane then invited all of the Colchester Group Clubs to send her any posters they wanted included on the information board and a variety of choices and information was assembled for visitors to view. Diane reports that they had a great deal of interest and so we are hopeful that our clubs will benefit from this exposure.

Diane and Celia Knight (both members of Blackwater Flower Club) staged the designs and manned the stand over the two days. Hyde Hall then asked if they would be willing to run a small workshop for visitors in their Craft Centre and they also took up this challenge for two hours on the Sunday morning.

Our Area Chairman, Lesley Fairman, who is also President of the Colchester Flower Group visited the show on the Saturday and helped on the publicity stand.



## POP UP WORKSHOPS FOR JUNIORS

Our first pop-up workshop for children held during the recent half term proved a great success with 12 youngsters attending and some parents and grandparents also enjoying the event.

We now plan to hold more pop-up workshops during school holidays and hope to form a new monthly junior flower club in the future.



## CHAIRMAN'S SPRING BULLETIN

At last it seems that Spring is about to break out. The birds are singing happily and squabbling over the feeders in the garden. They really are a greedy lot, but fascinating to watch while I enjoying a cup of coffee and a break from chores.

Whilst I was sitting there I got to thinking about what this year will bring us and realised that there was a lot in the pipeline.

Already two of our member, Gloria Goodly and Sue Bloomfield, have arranged flowers in Westminster Abbey. This was for the Service to Celebrate the Baptism of our Lord on the 13<sup>th</sup> of January.

We will be 65 this year and will celebrate with our Area Show, to take place on 5<sup>th</sup> & 6<sup>th</sup> of July in Mildenhall. Please do come along and experience the talent that we have in our Area. The schedule and poster will be out ready for the envelopes at Council. The website and facebook page will also be advertising it. Entry to the show will be free but tickets can be purchased for the demonstration that will take place on Friday 5<sup>th</sup> at the adjacent Social Club. Keep watching for updates.

Harrogate Spring Show 25<sup>th</sup> to 27<sup>th</sup> of April will see the East of England Area Team staging their exhibit entitled 'Paris' I cannot wait to view it.

April 13<sup>th</sup> is the Spring Area Day to be held at Needham Market Community Centre. Sue Shaw is to be out Speaker for the Morning and Lucy Ellis will demonstrate in the afternoon. Andrea Davey will provide us with her delicious lunch and there will be time to browse the stalls and shop.

Plans for the Diamond Show in London are proceeding apace. It promises to be a spectacular occasion and I hope as many of you as possible will attend and help give it the success that it deserves.

I know that many of you will be celebrating special anniversaries this year, and I wish you all the best for your celebrations.

Last but not least; Head Quarters have appointed a C.E.O., Steven Lane, to oversee the day to day business and allow the Officers and Directors more time to visit the Clubs around the country.

Until next time happy flower arranging to you all.

Lesley.

Next Summer Issue 2019 will be published on 1st June 2019.

Please send any material to:

[media.nafaseast@gmail.com](mailto:media.nafaseast@gmail.com)

