

# SPOTLIGHT EAST

Newsletter for The East of England Area of NAFAS



Left to Right  
Julia Knights, Speakers Rep Susan Horne, Rosemary Barry, Valerie Phillips, and Philippa Mills

## **AREA SPEAKERS TEST 14TH MARCH 2018 RESULTS**

We are pleased to announce that Rosemary Barry and Valerie Phillips were successful in attaining their Area Speakers qualification at the test held at the Jubilee Centre Mildenhall on Wednesday 14th March 2018.

Unfortunately, Julia Knights was unable to take her test as planned and Philippa Mills was unsuccessful. Both of these candidates will take the test at a later date. If you are interested in becoming a speaker and joining the next group of candidates to undergo training in our area, please contact the JDS&E chairman, Adele Kent.

We thank the National Adjudicators Valerie Best and Elizabeth Rea for their diligence and helpful advice to all of our candidates and also congratulate Area Speakers Representative Sue Horne on her organisation of this test.



## **SPRING AREA COUNCIL MEETING 21ST MARCH 2018**

A good meeting was held at Mildenhall with a wonderful turnout from Clubs and Members.

**NEXT COUNCIL MEETING  
13TH JUNE 2018**



**AREA SPEAKER CERTIFICATE**

At Area Council Meeting in Mildenhall, Suffolk today (Wednesday 21 March 2018) we were delighted to have our Area President Lionel Clark present Valerie Phillips with her Area Speaker Certificate.  
Well done Valerie.



**PRESENTATION TO AREA TREASURER**

At the same Spring Area Council we saw Linda Knights stand down as our Area Treasurer. Linda has done a fantastic job over the past three and a half years and will be very much missed at our Executive and Council meetings.  
Area President Lionel Clark presented Linda with three miniature roses for her garden appropriately named "Thank You".

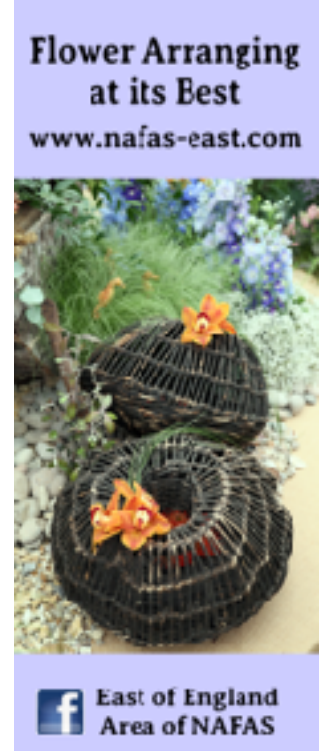
**NEW PULL-UP BANNERS FOR AREA**

Two banners were unveiled at the Spring Area Day 2018. These will be used for advertising our East of England Area and Clubs at various events.

Suffolk Show (30TH & 31ST MAY 2018) and the Ely Cathedral Flower Festival (21st - 24th June 2018) If you attended either of these events then we hope that you saw the banners, at 2 metres high they should be visible.

Brenda Eyers the Area Chairman and others are at events with their tables to encourage people to take up flower arranging and join a Flower Club

If your club has any leaflets to go on the table then please contact [media.nafaseast@gmail.com](mailto:media.nafaseast@gmail.com) and get the leaflets etc to Area as soon as possible. A GOOD OPPORTUNITY TO PROMOTE YOUR CLUB AND LET OTHERS KNOW WHAT YOU HAVE TO OFFER.



They are also available for JDS&E to promote the classes and workshops that will be organised under the new **Educational Initiative**.

## FORTHCOMING EVENTS

FOR FURTHER DETAILS REFER TO "DIARY PAGE" of [nafas-east.com](http://nafas-east.com)  
CONTACT DETAILS FOR EACH CLUB ARE IN THE AREA ADDRESS LIST

13TH JUNE 2018. AREA COUNCIL MEETING  
18th JUNE 2018 EAST SUFFOLK GROUP MEETING & WORKSHOP  
21 ST to 24TH JUNE 2018 ELY CATHEDRAL FLOWER FESTIVAL 2018  
23rd JUNE 2018 WERRINGTON COACH TRIP to ELY CATHEDRAL  
27TH JUNE 2018. KINGS LYNN GROUP SUMMER DAY  
29TH JUNE 2018. COLCHESTER GROUP MEETING  
2ND JULY 2018. HOLT FLOWER CLUB OPEN MEETING  
7TH JULY 2018 SUMMER AREA DAY  
13TH JULY 2018 NORWICH GROUP MEETING  
18TH JULY 2018. COLNE VALLEY FLOWER CLUB OPEN MEETING  
19TH TO 21ST JULY 2018. FLOWER FESTIVAL AT INGATESTONE HALL ESSEX  
3RD AUGUST 2018 NORWICH FLOWER CLUB 2018 - 60TH CELEBRATIONS  
10TH AUGUST 2018 HAVERHILL FLOWER CLUB COMPETITIONS  
16TH AUGUST 2018 GREAT BADDOW FLOWER CLUB 50TH CELEBRATIONS

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### Gt Baddow Flower Club

On Tuesday 10 April 2018 Great Baddow Flower Club held another inspirational workshop led by Jane our floristry tutor member. Jane demonstrated how to create a parallel or continental design. She explained the importance of creating strong vertical and horizontal placements, layering materials and the need to add the same material elsewhere in the design to create repetition. Participants provided and shared their floral material to create their own designs. Jane gave support and guidance where needed and gave positive feedback about each design.

Thank you Jane for another great workshop.



**Our next workshop will be in July and entitled 'Let's Celebrate with a Mad Hatter's Tea Party!' Priority for our workshops is always given to our members. Another good reason to join Gt Baddow Flower Club!**

**East of England Area of NAFAS**

**SUMMER AREA DAY**

**The Jubilee Centre, Recreation Way, Mildenhall IP28 7HG**

**SATURDAY 7 JULY 2018**

**Presenting our guest National Demonstrator**

**JACQUI ARNOLD**

***“Sensational Summer”***

**With our morning guest Speaker**

**CHRISTINE ADAMS**

***“Miss Savidge Moves her House”***

**TICKETS £15.00 to include tea/coffee/biscuits**

**TICKETS  
AVAILABLE  
NOW**

Please mark envelope **“Summer Area Day”** and send with cheque/s payable to the EAST OF ENGLAND AREA OF NAFAS, together with a STAMPED ADDRESSED ENVELOPE to Mrs Anne Bell, 8 Goodwin Close, Little Canfield, Dunmow, CM6 1SQ.

**NAFAS  
DIAMOND ANNIVERSARY  
Floral Art & Design Show  
8-12 August 2019**

**ECT TRAVEL. - Diamond Anniversary Celebrations in London:**

\* We are able to offer flexible packages, suitable for individual, small friendship groups, larger flower club and area groups

\* All of our package include accommodation in central London (4\* & 5\* hotels well located).

**HARROGATE FLOWER SHOW  
2018**

CONGRATULATIONS TO  
JUNE COOPER 2nd Place

“Manipulated Mesh”

Class A5

June is a member of  
Harleston Flower Club and  
The Circle Study Group  
of the East of England Area



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At the Speakers Test in March 2018 we had a mini demonstration by Area Demonstrator Hazel McGregor. Photographs below show the variation in designs and colours.



# Flower Arranging Day 4TH MAY 2018 to promote NAFAS

Congratulations to everyone for flying the flag for NAFAS and National Flower Arranging Day. We hope you get some new visitors to your club following this publicity.  
**Brenda Eyers - Chairman of the East of England Area of NAFAS**



Drayton (Norfolk) Flower Club had a busy morning in their local Tesco chatting to shoppers and celebrating National Flower Arranging Day. Apparently it was hard to persuade customers to have a free raffle ticket for the beautiful flowers



Small posies were made at Peterborough Cathedral today for National Flower Arranging Day to help promote NAFAS.



**Some of the bouquets left at Santander, Regal Cinema and Combs Ford Surgery for National Flower Arrangers Day. Arranged by Stowmarket and District Flower Club.**

## JUDGES AND COMPETITORS DAY AT AREA

Saturday 12 May saw our Area JDSE hosting a day for judges and competitors and for anyone interested in embarking on the journey. Some 30 delegates attended and we were fortunate to have Area President, Lionel Clark on hand with his wonderful 20% stall which was full of useful containers and accessories.

The Area were delighted and privileged to have National Judge and Instructor Lesley Sturdy lead the workshop and stretch our minds back in time. Lesley really ought to consider applying for Mastermind given her enormous knowledge on period styles, fashions and flower arranging and the history of the relevant eras. We all heard so many interesting facts today about different periods.

Eight members agreed to stage period style exhibits against a title of "The past re-visited". Can you identify the periods? Participants were challenged to judge the class before Lesley told us who were the first three in her view.



How is the hot weather affecting your gardens?

What's your favourite hosta? Are your hosta growing taller by the minute? Pots or in the ground?

How do you cope with hungry slugs and snails?

We would love to hear from you and receive your photographs and tips.

On 9 May 2018 [hostaman@tiscali.co.uk](mailto:hostaman@tiscali.co.uk)

Stephen Baker wrote:

Hi as Hosta publicity officer of the British Hosta & Hemerocalis Society I Have attached a recipe for garlic wash, to be diluted & sprayed with a rose on watering can or sprayer, lasts until rain washes it away.

### Garlic Wash Recipe

Well, here it is. Much requested and sought after - top secret you know...

#### Ingredients:

2 Bulbs Garlic

2 Pints Water

#### Instructions:

Crush 2 bulbs of garlic

Steam or boil in 2 pints of water for 3 to 4 minutes until blanched

Strain mixture and make back up to 2 pints

Leave to cool



When ready to use, mix one tablespoon in five litres of water and sprinkle on to leaves in late afternoon (in dry weather). Re-apply every two weeks. The mixture dries on the leaves making them unappealing to slugs and snails!

The mixture will apparently dry on the leaves making them rather unappealing to slugs and snails!



Hosta :June" growing

in dappled shade





## **STOUR VALLEY FLOWER CUB 50<sup>TH</sup> ANNIVERSARY**

CONGRATULATIONS to all the members of Stour Valley Flower Club who celebrated their 50th anniversary on Wednesday 2nd May with a lunch for 199 guests including Area President, Mr Lionel Clark, Area Chairman Brenda Evers and Colchester Group Chairman Sandra Price at the Copdock Hotel, Ipswich. Charming table designs of gold and yellow flowers decorated the tables and an abundance of stalls kept guests happy.

Jonathan Mosley wowed the audience with a demonstration especially designed for the occasion. The most exquisite flowers, including a wide variety of English grown along with spring blossoms from his own cutting garden were woven into designs of enormous proportions that brought great delight and inspiration.

Jonathan kindly consented for all of his designs to be photographed and shared.



## DANDELION FACTS:

Dandelions are NOT weeds,

but are from the same family as sunflowers.

A Dandelion Seed can travel up to 5 miles before it lands.

Every part of the dandelion is edible.

1 cup of dandelion greens = 535% of your daily recommended vitamin K and 112% of vitamin A.

Up until the 1800's, dandelions were seen as extremely beneficial. People would remove grass to plant dandelions!



Linda Knights who recently retired as Area Treasurer would like to thank everyone for the wonderful gift and card. It was very much appreciated.

The 3 rose bushes, named 'Thank You' are now blooming and are a pretty pink colour.



Photos from Linda's garden

“Caister Flower Club (Norwich Group) celebrates the Royal Wedding (19.5.2018) with a cut flower demonstration followed by Pimms and Cake”.



## Hyland House National Flower Show 2018

The East of England Area Chairman Brenda Evers was delighted to be asked by organiser Mig Kimpton to stage an honorary exhibit at the National Flower Show at Hylands House which opens on Friday 18 May 2018 and runs until Sunday 20 May 2018.

Kirsty Mayes a member of both Feering Flower Club and Bocking Flower Club joined Brenda to stage the exhibit which was called "A Royal Affair" depicting the marriage of Evelyn Maynard (later to become Countess of Warwick) who was the mistress of the Prince of Wales for some 12 years in the 1900's.



On the left is Chairman of the East of England Area of NAFAS Brenda Evers.

On the right is Kirsty Mayes.

The arch of flowers was staged by students of Writtle College.



## Hyland House National Flower show



## HADLEIGH SHOW

Pauline Squirrell took on the role of Chief Steward of the Hadleigh Show in 1986 and after 32 wonderful years, retired at the 2018 Show on Saturday 19 May. There was a bumper crop of entries and everyone is sad to see Pauline stand down but relieved that she will still be there next year to help the new Chief Steward.

A long time member of Stowmarket Flower Club Pauline has been a passionate supporter of The East of England and encouraged many nervous first-time entrants and delighted in their success. Many competitors have returned year after year because the floral art section has always been such a great experience and staging day such fun.

**The East of England are extremely grateful for Pauline's support the last three decades.**



# BRADWELL BUDS JUNIOR CLUB

On Monday 9<sup>th</sup> April, Brenda Evers our Area Chairman, had the pleasure of joining the Bradwell Buds Flower Club for their monthly meeting. Club Leader, Julia Knights had acquired a large quantity of pin holders and the practice piece for the night was to use these with just five tulips and foliage and a selection of pebbles. The children had been told that if they wished they could bring along an accessory to go into their arrangement.

The finished designs were a delight, and our Area Chairman was pleased to see so many parents stayed and joined in the fun. After the designs were completed the children were asked one-by-one to explain their work and the plant material used and even the very youngest was able to take part in the "Show and Tell" exercise.

At the meeting, Bradwell Buds also welcomed two visitors from the local Co-operative Society who had expressed an interest in supporting the Junior Club. We were pleased to hear that very generous sponsorship will be provided for the Bradwell Buds members and that they have also been invited to come along to the local store at some date in the future to show shoppers how to arrange flowers.

We are pleased to publish some photographs of the evening with parents' permission and also to include one of the two

Co-operative Society visitors.



## Mildenhall 50<sup>th</sup> Anniversary 15<sup>th</sup> May 2018

Congratulations to Mildenhall Flower Club who celebrated their 50th anniversary at the Jubilee Centre with 130 guests including Cambridge Group Chairman, Valerie Phillips and Area Chairman Brenda Eysers.

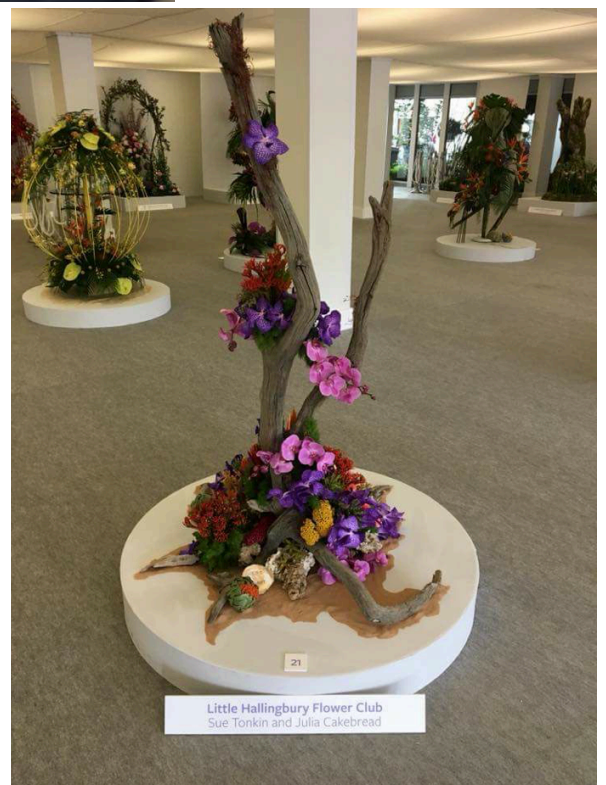
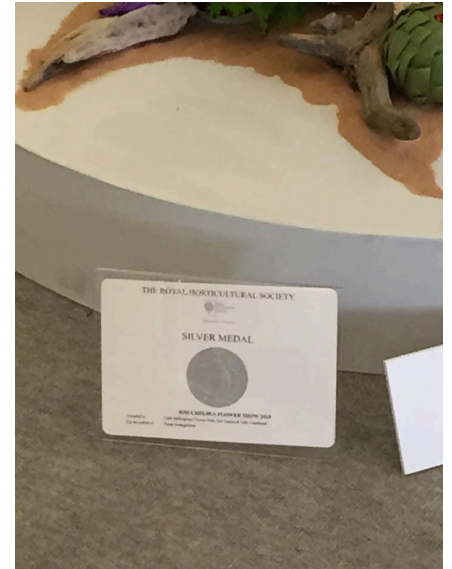
Tables featured beautiful designs made by club members with gold bottles of "Vintage 1968 Mildenhall". After a delicious buffet guests were treated to a wonderful celebratory demonstration by National Demonstrator David Thomson who expertly filled the stage with gorgeous flowers and an array of fabulous containers.



## **CHELSEA FLOWER SHOW 2018**

We are delighted to report that Sue Tonkin and Julia Cakebread took a Silver Medal at the 2018 Chelsea Flower Show. Silver Medal for Little Hallingbury Flower Club.

The class title was 'A Tropical Dream' and the design, inspired by an underwater paradise, was beautifully depicted in stunning flowers. Many congratulations to Sue and Julia on securing the club's 11th RHS Chelsea medal.



## SUFFOLK SHOW 30TH and 31ST MAY 2018

The weather was kind this year, not too hot and not too cold.

The Flower Arranging Show was well supported, indeed one class had 17 entries. The Club class was a little disappointing with just 6 entries, although all were of a very good standard.

Many people visited the flower arranging marquee and much interest was shown in attending clubs and doing workshops and classes to learn or improve their skills. The stand was manned by our Area Chairman Brenda Evers and it all looked very colourful with the use of our two new banners.

Congratulations to the Show organisers and the competitors who did immaculate and innovative designs.



### SUFFOLK SHOW

The venue for this is Trinity Park, just outside IPSWICH.

BELOW

**SOME OF THE  
FIRST PRIZE  
WINNERS**

OTHERS ARE ON.  
THE WEB SITE

[nafas-east.com](http://nafas-east.com)







**BEST-IN-SHOW ANNE ARBON**

**“VIBRANT INDIA”**



**Runner-Up to Best in Show**

**JO CRAPNELL. “ALONG THE SHORE”**



**JUNIOR CLASS FIRST PRIZE.  
PIPPY BATEMAN AGE 14 YEARS  
“Flamenco Time”**



**JUNIOR CLASS FIRST PRIZE  
HARRY HARMAN AGE 7 YEARS  
“Flamenco Time”**



**BEST USE OF COLOUR. SUSAN STREET. "THE EMERALD ISLE". Pave Class**



Left - CLUB CLASS

“LET’S GET PACKING”

FIRST PRIZE GOES TO

**GREAT BADDOW FLOWER CLUB**

**OTHER FIRST PRIZE WINNERS**

**SUSAN STREET “Out of Africa”**

**JILL CLARKE “City Skyline”**

**RUTH PRIOR “Arctic Chill”**

**JANET GREENGRASS  
“The Ancient World”**

**JENNI BAKER  
“Tropical Paradise”**

**LINDI CARRINGTON “The Globe”**

**LINDA HARMAN**

For other photographs from the Show please go to Area website [nafas-east.com](http://nafas-east.com) and click on the COMPETITIONS PAGE

Eventually they will be on the ARCHIVE PAGES of the website.

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PLEASE SEND ANY PHOTOGRAPHS OR ARTICLES FOR PUBLICATION IN THE EAST OF ENGLAND AREA NEWSLETTER “SPOTLIGHT EAST” TO: [media.nafaseast@gmail.com](mailto:media.nafaseast@gmail.com)

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