

SPOTLIGHT EAST

Newsletter for Members of The East of England Area of NAFAS

It was fun, friendship and cake at Framlingham Flower Club's Annual General Meeting on 26th February.

During the formal part of the proceedings we were delighted to appoint Joan Overett as our President for the next three years. Joan has been a club member for 18 years and has spent most of them on the committee, as secretary (twice), programme secretary & chairman. It will be good to have her experience to support the committee as several members will be standing down at the next AGM.

She was immediately put to work presenting a glittering array of trophies to this year's club competition winners.

After tea and cake, we were treated to a talk by the ever-popular David Garnett, (from Garnett's Gardens in Hacheston) on how to create colourful spring displays. David is passionate about plant nutrition for healthy blooms. At the end of the afternoon we had the opportunity to buy a selection of plants from the nursery, and promised faithfully that we really would feed them.

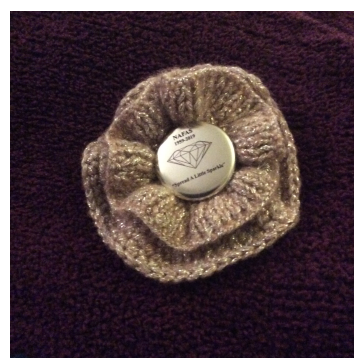


Joan Overett is on the left, shaking hands with Jennie Carter (Co-Chair who led the proceedings)

SPARKLY BADGE COMPETITION

Win 2 TICKETS TO PRESIDENTS DAY

SPARKLY
BADGE



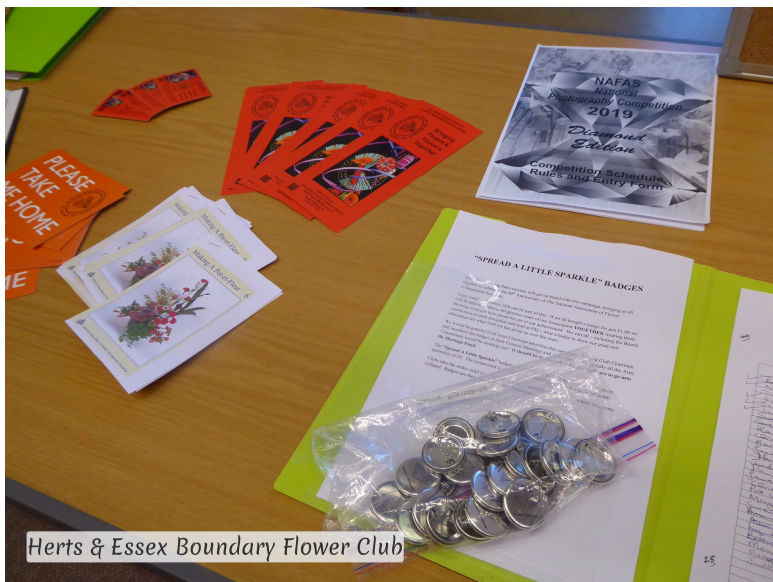
FIRST TWO BADGES IN CAN YOU DO BETTER?

East of England Area of NAFAS

Oh the problems with January meetings! Lindi Carrington sent us this rather amusing story which we thought we would share with you. The members of Framlingham Flower Club were lucky to have Lindi on hand to save the day.

At a recent Area Council meeting clubs were advised to have a Plan B ready to swing into action in case a demonstrator had to cancel, was held up in traffic etc. What good advice we thought; but we were a bit too busy at the time to really think much about it. Fast forward a couple of months..... It's the 4th Tuesday of January – the first meeting of the year for Framlingham Flower Club. I'm looking forward to leisurely morning reading the Flower Arranger, followed by a relaxed afternoon in the back row, as I'm no longer on the committee. This serenity is shattered by an early phone call from Wendy, our chairman, saying the local florist who was booked for the demonstration has just cancelled due to illness and could I "do something". Her reasoning was that I had a garden, lived next door to a florists and probably wasn't that busy (because I wasn't on the committee, as mentioned already) She promised we could all have cake with our tea.....

So, I gave in and did a mini-dem entitled "Something from Nothing". It was on the theme of what you can make by foraging from a bare winter garden, with a modest flower budget and do at the last minute. Sheila, the club secretary, hastily potted up plants, arranging them in baskets with moss & catkins so that we had plenty for the raffle table. Whilst Chris, our webmaster, conjured up a floral quiz, in case we needed an extra activity. We didn't have to cancel the meeting and a lovely afternoon emerged



Herts & Essex Boundary Flower Club



Herts & Essex Boundary Flower Club

Herts & Essex Boundary Flower Club have been busy promoting both Area and National events to their members. We think their club notice board and sales table look very interesting.

Hopefully lots of the Herts & Essex members will have bought their Diamond Anniversary badge so they can enter the Area competition.

Does your Club share all NAFAS National & Area news with your members? How do you display it?

LOTS OF TIME TO ENTER OUR SPARKLY BADGE COMPETITION First entries are in, can you do better? Other entries will be published after judging.

MAXIMUM ENTRIES PER PERSON IS THREE

CLOSING DATE 20TH SEPTEMBER 2019

Please send your photos to: media.nafaseast@gmail.com



SPREAD A LITTLE SPARKLE

COMPETITION

Embellished NAFAS Sparkly Badge

Use your talents as a craft person or flower arranger and decorate the sparkly badge.

Lots of ideas on Pinterest - can you do better.

RULES

The only rule is that it must be capable of being worn

It can be extended, sewn on ribbon, decorated with lace or beads, embellished with flowers, in fact anything goes.

**PRIZE IS TWO TICKETS TO PRESIDENTS DAY
12TH OCTOBER AT THE BEECHES, ISLEHAM
INCLUDES A TWO COURSE LUNCH.**

**Badges are available to buy for £1.00 from Area OR
Contact Sales Officer: email diamondclass@icloud.com**



left to right:

Lesley Fairman
 Chairman of the E of
 E Area, Michael
 Bowyer - National
 Demonstrator, Elsie
 Leeding - past
 President of E of E
 Area and Pat
 Stammers - Chairman
 of East Suffolk Group.



WICKHAM MARKET

East of England Area of NAFAS

7 May at 15:03 ·

Elsie Leeding, President of Wickham Market Flower Club recently held a special evening to mark her 50th year as a member of the Club.

Guests were entertained with a stunning demonstration by Elsie's favourite demonstrator, Mr Michael Bowyer. A beautiful cake to mark the occasion was cut by Elsie and Michael and also our Area Chairman Lesley Fairman and Area Minutes Secretary Pat Stammers.



Ipswich Flower Club recently held a cascade workshop tutored by Anne Bell. We are delighted to feature one members finished designs from this very successful and well-attended event.

SPARKLY BADGES ARE AVAILABLE TO PURCHASE AT THE AREA COUNCIL (MILDENHALL) ON 19TH JUNE AND ALSO AT THE AREA SHOW (MILDENHALL) ON THE 5TH AND 6TH JULY 2019. THE COST IS £1.00 EACH. WHY NOT EMBELLISH IT AND ENTER OUR COMPETITION.

April 2019



CLARE FLOWER CLUB

A member of the National Association of Flower Arrangement Societies



Demonstrations by Paula Pryke, OBE

We are very excited to announce that renowned international floral designer and author, Paula Pryke, will be giving two demonstrations in her home town of Clare in Suffolk later this year. This is a rare opportunity to see Paula demonstrate the skills which have made her “a florist to the stars” as described by “Good Housekeeping” magazine. Paula dreamt of opening a little flower shop in Islington. From these humble beginnings she changed the face of British floristry and has now had a successful business and flower school in London for nearly 30 years.

Full details of the demonstrations and a booking slip are on the attached poster but brief details are as follows:

at Clare Town Hall on
Thursday, 19 September at either
2.30pm or 7pm



A glass of Prosecco/soft drink
included on arrival with:

Afternoon: cakes

Evening: canapes

£35 per demonstration

Doors will open 45 minutes before start time

A donation from the proceeds will be made to
Breast Cancer Care

To: Sue Rouse, Morvine House, Drury Lane, Ridgewell, Halstead, Essex CO9 4SL

I would like tickets for the Paula Pryke demonstration on 19 September 2019 at
2.30pm* or 7pm* (*please delete as appropriate) at £35 each and enclose a cheque for £.....
made payable to Clare Flower Club, together with a stamped addressed envelope.

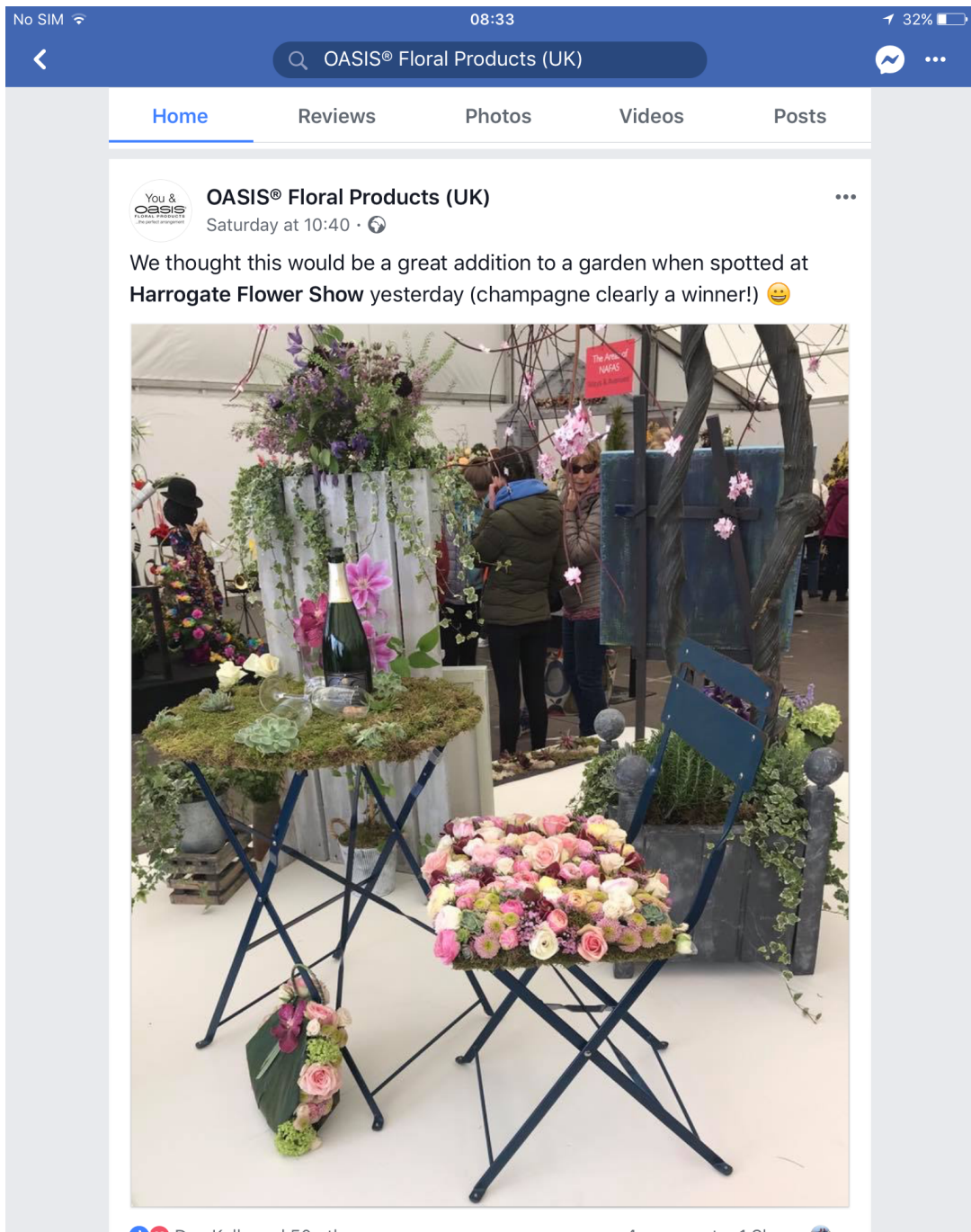
Name: Tel. No.

Address:



I thought you would enjoy seeing some photographs of the Minnie & Micky costumes that Area bought for Acorn when we held the Area Show there. They are constantly used at every opportunity and often staff dress up and go to visit bed-ridden residents just to make them laugh!!!

Yesterday two of the Acorn staff put them on a run the 5k Witch Finder route hauling a collecting bucket as they went. The guy in the photograph is Jason an actor that seems to be very well know - apparently he was in Spooks and is a regular in some TV soap. Unfortunately I don't know which. He is doing free drama workshops for the residents and his mother is one of our volunteers and hauled him in.



Harrogate Spring Show April 2019

The team representing **The East of England Area of NAFAS** were thrilled to gain the **SILVER** Award. Under the leadership of **Brenda Eyers with Anne Bell and Linda Knights** they did a 3metre square exhibit depicting the Alleys and Avenues of Paris. The above picture is taken from the Oasis Facebook Page.

Other **East of England** Competitors at Harrogate were **Jenni Baker** and her husband **Dave**. Jenni gained a **third** and Dave had a **Highly Commended**

Chelsea Flower Show May 2019

The Area is doing very well with competitions this year and at **CHELSEA SHOW** our member **Susan Horne** was awarded a **SILVER**.

Julia Knights and her daughter **Rosemary Pell** were thrilled with their **GOLD** Award



Photo: Beverly Moore

Anne Bell, Brenda Eyers & Linda Knights



East of England Area exhibit
Harrogate Spring Show - 'PARIS'

Photo: Beverly Moore



Photo: Beverly Moore

Jenni Baker - THIRD



East of England Area exhibit
Harrogate Spring Show - 'PARIS'

Photo: Beverly Moore



SUSAN HORNE - SILVER GILT

CHRISTOPHER WHITE - SILVER



JULIA KNIGHTS & ROSEMARY PELL - GOLD

BRADWELL FLOWER CLUB "CONNECTIONS"





NATIONAL FLOWER DAY MAY 2019



Herts & Essex Boundary Flower Club



Herts & Essex Boundary Flower Club



Look at this charming basket of flowers arranged by Maureen Moss, a member of Wickham Market Flower Club and left in the library to celebrate National Flower Arranging Day.



CITY OF ELY
FLOWER CLUB

Sudbury Flower Club Chairman Phillipa Mills came up with another fantastic idea for celebrating National Flower Arranging Day.

At the Club's workshop all attendees were given a complimentary raffle ticket and the lucky winner took home this stunning basket of flowers as a souvenir of a lovely time with Sudbury



Look how easy it is to put smile on someone's face and brighten their day as they walk their dog.

Thank you to Beverly Moore for this super shot.

Beverly Moore I saw this neighbour holding flowers as I was driving in opposite direction on my way to place more flowers. When I got back home he was still holding them tightly and I asked where he had found them and it was on top of the dog waste bin on local park area that I had placed earlier. He was so happy with his find, so too his little dog,



NATIONAL FLOWER ARRANGING DAY

East of England Area of NAFAS

7 May at 13:44 ·

We are delighted to report that City of Ely Flower Club had a very nice response to one of the bouquets that they put out last Friday for National Flower Arranging Day. The "finder" Kate Page says

I would like to thank the Ely Flower Club for their random act of kindness with the lovely bouquet of flowers.

We arrived at our allotment and to our surprise found these next to the tree on Haddenham Recreation field.

It brought a lot of joy to an ex florist and they now beautifully adorn our lounge.

With many thanks



The Flower Arranger
16 May at 17:00

The **RHS - Royal Horticultural Society** Chelsea Flower Show starts next week and runs from the 21st-25th May, are you excited?!

Christine Picton is one of the judges in the famous Floral Design Studio. If you'd like to find out what it's really like to be a judge behind the closed doors, you can find out all about in our current summer edition where you can also find out



RHS Chelsea 2018, Session 1

Arranger: Gill Homer Award: Bronze

Spring Area Council Meeting at Mildenhall



Above: FIRST MOIRA



SECOND - ANNE BELL

Hadleigh Show May 2019-05-22

Congratulations to Clare Lock on her first Hadleigh Show as the Chief Steward of the Floral Art Show.

Clare did a wonderful job and the marquee looked stunning with a bumper crop of entries. All the hard work by Clare and the hard-working team of Stewards paid off and the marquee was filled with visitors admiring the stunning displays.

For the children there was a special area to have a go at flower arranging or perhaps do some artwork. The entries in the children's classes were once again outstanding.

Congratulations to Clare on her own awards and it was lovely to see her predecessor Pauline Squirrel on hand to help present the trophies.



Pauline Squirrel presenting prizes and trophies

CONTEMPORIES

East of England Area of NAFAS

11 May at 22:39 ·

Lots of fun today (Saturday 11th May) at Contempories where we completed two hand held designs. The first was made with a crescent shape of contorted hazel which is suitable to be put into a vase or low container and the second is for a bride using a wet foam bouquet holder wrapped with steel grass.

The Contempories group has four workshops a year at Fowlmere Village Hall, Nr Duxford SG8 7RY. If anyone is interested in being creative with flowers and foliage, and wishes to join us please contact Anne Bell for further details on tel: 01279 879669 or email: annebell21@btinternet.com

We are now looking forward to our next workshop in October.



Mildenhall and District Flower Club

22 May at 19:52

Some of the beautiful arrangements made by our talented club members. The mannequin made by Linda was a real showstopper. We had another successful Open Evening with 120 people being entertained by a fabulous demonstration by Lee Burill. The arrangements decorated the tables where our guests sat to enjoy the marvellous buffet provided by our club members. Many thanks to all who helped and to all who came to support us.



[East of England Area of NAFAS](#)

Page Liked · 25 April ·

We were delighted to hear from Caister on Sea Flower Club about their 50th birthday celebrations.

The photograph shows three long-standing members and Mary Hubbard who is the only founder member of the club still with us. This was taken at their members only evening, to celebrate their Golden Anniversary. Club Chairman Gloria Goodley read out the congratulations cards which had been received including a letter of congratulations and good wishes from Her Majesty The Queen which took the members and committee completely by surprise as the Chairman had kept the letter from Buckingham Palace a secret until the evening.



East of England Area of NAFAS

20 May at 00:49 ·

Congratulations to Terri Potter who tells us:-

“After years of absence from the show bench as an individual competitor I'm thrilled to have received the 'Best in Show' award for my 'Peace and Tranquility' exhibit at Hylands House 'National Flower Show' event this weekend! I also gained a first place for a design in a basket entitled 'Picked from the World's Garden' Chuffed to bits!!



Sadly Monday 20th May saw the final meeting of Drayton Flower Club (Norwich Group). We have the final report from Anne Bridge where she says

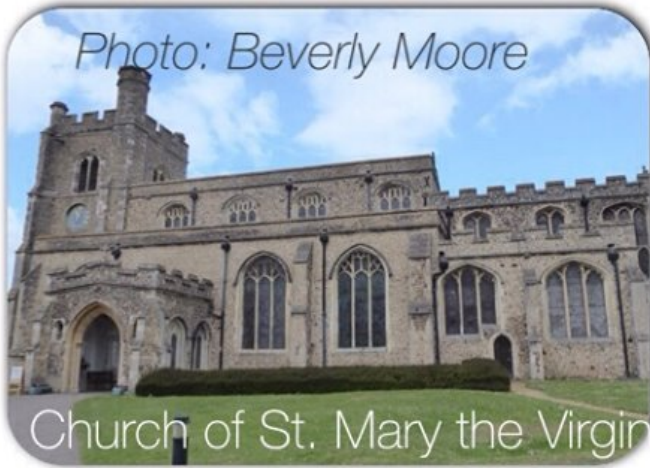
Such a sad night with the last Flower club meeting for Drayton (Norfolk). We made a fun and friendship evening with clubs own Area demonstrators (mostly retired) plus the company of Area Demonstrator David Wright and Bernard and Annette Collingsworth , club members, who all made stunning designs in carefully chosen colour ways to coordinate the various styles. A great night, although poignant! Many of us are joining other clubs as we cannot do without our passion!

Although it is sad to see one of our flower clubs close, it is pleasing to hear that many will join other clubs. Well done to everyone at Drayton for all you have done for the East of England for so many years



DRAYTON

Elizabeth Anne Bridge It was Tuesday 21st! We are having a final lunch at the local golf club in June, but this was our last normal evening meeting. Thank you all for your kind words. The committee has worked so hard over the past three years in particular, trying to avoid this, but with an ageing membership and many times re-cycled committee it became apparent that we had lost the cause and with heavy hearts, made the decision to close. We thank the East of England Area and the wider NAFAS family for all your comments and support.



Members of Bocking and Braintree Flower Clubs took part in the Flower Festival "Cathedrals" over the May Bank Holiday weekend.

The Media Team along with photographer Beverly Moore were delighted to attend and see the gorgeous flower arrangements on Saturday morning, and we thought you would enjoy a taster.